

The COMMUNICATOR

Indiana University — Purdue University Fort Wayne

WE REMEMBER



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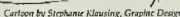
*The Communicator
remembers 9/11, PP. 6-8 .*
9/11: A TRIBUTE

Venus Asks, Mars Answers Wedding Daydreams

With Penny Tsiguloff

FROM the
RIGH

energies, total, and level.



And don't knock the fluorescent socks - they're coming back in a big way!

The editorial board of The Communicator reserves the right to edit all submissions for length, grammar, style and clarity. Letters deemed libelous by the editorial board will not be published under any circumstances.

Forget your Pill? Now you can.

Check out Depo-Provera,
the birth control you
think about just 4 x a year.

Depo-Provera is 99.7% effective.

Not only is *Depo-Provera* 99.7% effective, but you need just one shot on time every 3 months to stay pregnancy-protected. So, unlike the Pill, *Depo-Provera* isn't your every day birth control.

Remember, *Depo-Provera* doesn't protect you from HIV/AIDS or other sexually transmitted diseases.

Some women using *Depo-Provera* experience side effects. The most common are irregular periods or spotting. Many women stop having

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See what *Depo-Provera* is all about.
Call toll free 1-866-519-DEPO or
visit **Depo-Provera.com**.



Birth control you think about just 4 x a year.

Silent memorial to take place in remembrance of attacks of 9/11

A moment of silence memorializing all those who have lost their lives in the conflict between the United States government and the people of the Middle East beginning on Sept. 11, 2001, will be observed on Sept. 11 at the Peace Pole on the IPFW campus.

Professor Peter Iadella of the sociology department says the event will begin at 8:30 a.m. with a statement declaring the observed moment of silence.

Following the statement, a Taliban gun will be sounded at the moment each aircraft crashed into the World Trade Center (8:46 and 9:03 a.m. EST), the Pentagon (9:41 a.m. EST) and in the area of Somerset County, Pennsylvania (10:03 a.m. EST). The event will end after the final ringing of the gun at 10:03 a.m.

Iadella says memorializing all those who have died in and other conflicts throughout the world, "is a call for an end to the violence that continues to tear apart the world and for the Peace Pole with its inscription 'may peace prevail on earth in several major languages, signifying the universal desire for peace and justice for all people of the world community'."

The department of sociology and the Peace Studies Program at IPFW are sponsors of this event. For more information, contact Iadella at 260-481-6842.

—Information courtesy University News Release

Alan Sandstrom, professor of anthropology, will present "An Anthropological Perspective on September 11: Clash of Civilizations" at noon on Sept. 11 in Ketter Hall, room G46. The lecture is sponsored by the Anthropology Club. For more information, call 260-481-6842.

Mastodon Roast to bring new and old friends together

The fourth annual Mastodon Roast for IPFW alumni and faculty will be held Thursday, Sept. 12, from 5-7 p.m. in the tent on the McKay Farm. The Roast is an opportunity to renew friendships, recall great times and make new friends and memories.

According to Jennifer Bosk, director of Alumni Relations, free food and one free beverage will be available including beer, wine and soft drinks. A cash bar will also be available. Alumni and faculty will have a chance to mingle and get to know each other as well as meet Chancellor Michael Wartell and IPFW Alumni Association board members. The McKay Farm is located across the St. Joseph River from the IPFW campus, near the Pines.

While at the Mastodon Roast, alumni and faculty can order copies of the new 2002 IPFW Alumni Directory Book, says the directory is a useful tool when trying to find alumni, cultivate donors and make business contacts.

Due to university policy concerning the serving of alcohol, participants must be on the RSVP list and be 21 or older to attend the Mastodon Roast. To RSVP, visit www.alumni.ipfw.edu or call 260-481-6807.

—Information courtesy University News Release

SEE SOMETHING YOU LIKE..?

NO!?!?

Then Talk Us Know About Your Upcoming Events, Campus Clubs and items of interest.

Contact the Communicator:
Walb Union
Rm 215 or call
481-6584 or
e-mail
suppper@holmes.ipfw.edu

IPFW to sponsor several 9/11 programs

What were you doing last Sept. 11? That's a question many people will be asking, as the one-year anniversary of the attack on America is observed.

In a joint effort, IPFW and NBC 33 will present the active program, "America Remembers: A Local Perspective," from 8:00 p.m. to 10:00 p.m. at the Walb Student Union Ballroom.

Kathy Baugh, NBC 33 News director, will provide a live local address 9/11 news. Topics covered will include homeland security, how we've changed, and air-

port security. Muslim relations and issues concerning religion, faith and patriotism. IPFW Chancellor Michael Wartell will be on the panel to answer questions about homeland security.

Baugh says the format of the program will include a moderator who will address a subject and introduce a pre-recorded story or videotaped element from an NBC 33 News or NBC Network reporter. The moderator will then pose questions to the panel. Questions will also be taken via the Internet and from the audience.

Those with questions may e-mail them to feedback@nbc33.com. Members of the audience will have the opportunity to write down their questions and submit them before going into Walb Ballroom.

The event is free and open to the public. The Ballroom will open to the public at 4:30 p.m. Free parking will be available in all lot and garage spaces, except for those spaces designated for faculty and staff.

For more information, contact Susan Alderman at 481-6165.

—Information courtesy of University Relations

Several local organizations will offer an evening of remembrance and reflection on Sept. 11. The program, entitled Peace, Prayer and Patriotism, begins at 6:30 p.m. at Fellowship Theater in Frank Park. Doors open at 6 p.m. and admission is free.

The ceremony will consist of readings and selections from local faith communities. "Song of Peace" performed by the Heartland Chamber Choral, Peace Dance from the Fort Wayne Ballet, Peace Drums, Dances of Unity, patriotic music and recognition of local police, fire, emergency and other public service workers.

The program is sponsored by the City of Fort Wayne, News Channel 15, WAFB, Hope 95.1 FM and the IPFW Offices of Multicultural Services and International Services.

—Information courtesy of University Relations

Trotter serves up five-star presentation

Chef aims to provide cultural experience, not just cuisine

By Jenny Huntley Reporter

Charlie Trotter, a world-famous chef, was the first guest in the Omnibus Lecture Series on Wednesday, Sept. 5 in the Walb Ballroom. The room was near capacity as students, faculty and members of the community gathered to hear him speak.

Chef Trotter owns a five-star restaurant in Chicago, hosts his own cooking show, publishes books about cooking and currently is in the process of opening another restaurant in England. Trotter graduated from the University of Wisconsin with degrees in political science and philosophy.

"During my junior year, I decided that I did not want the university to interfere with my education," Trotter said. He got a job as a waiter, then as a bartender. He decided that he wanted to learn everything there is to know about running a restaurant.

Trotter continued accepting jobs in restaurants and kept them as long as he thought he was learning something. When he felt like he could do something better, he would move on to the next restaurant. He believes that his success is due to the fact that he strives for excellence.

Trotter said that his biggest inspiration is Miles Davis because "he never plays the same song the same way twice." Similarly, Davis is always reinventing music, and Trotter is always reinventing food dishes. He said that the constant creativity is what makes his restaurant so great.

Trotter aims to make an aesthetic, cultural and social contributions to his community. He is constantly working to improve the appearance of both his restaurant and the neighborhood in which it is located. He feels that the ambience of the restaurant gives patrons a cultural experience.

He makes social contributions by

raising money for various charities and for scholarships for culinary colleges and also by reaching out to area high school students.

Three days a week, approximately 120 students with teacher chaperones come to Charlie Trotter's. They are given a tour of the restaurant and then served an eight-10 course meal in the studio kitchen.

During dinner, the students are introduced to staff members who talk about their jobs, the dishes and explain to the students what excellence means to them. This experience helps to show the students what it is like to work in an environment of teamwork.

Trotter's lecture was funded in part by the English, Botter, Mitchell Foundation and by Tech State College. Media sponsors included NewsChannel 15 and Indiana Public Radio.



Photo courtesy of LRC

Chef Charlie Trotter explains his process for creating fine cuisine.

Located on IPFW Campus inside the Engineering Bldg.

Hours:
Mon-Thurs 7AM-5PM
Friday 7AM-2PM

We Serve:
Espresso Drinks
Coffee
Fresh Pastries
Red Bull

WHY NEW?
It's better than the old.

WHY NEW?
It's better than the old.

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It's better than the old.

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It's better than the old.

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Depo-Provera
Contraceptive Injection
microinjection progesterone acetate injectable suspension

What is Depo-Provera?

Depo-Provera is a hormone injection that prevents pregnancy. It is used to prevent pregnancy and also to treat certain conditions.

How does it work?

Depo-Provera works by preventing the release of eggs from the ovaries. It also thickens the mucus in the cervix, making it harder for sperm to reach the egg.

Who should use it?

Depo-Provera is suitable for women who do not want to become pregnant and who do not want to take daily pills.

How often should it be used?

Depo-Provera is injected into the muscle every three months.

What are the benefits?

Depo-Provera is a convenient and effective method of contraception. It does not require daily attention and it is 99% effective.

What are the side effects?

Some women may experience weight gain, changes in menstrual bleeding, and headaches when using Depo-Provera.

What should I do if I miss an injection?

If you miss an injection, you should get it as soon as possible. If you are more than three months late, you should get a pregnancy test.

What should I do if I have a side effect?

If you experience any side effects, you should contact your healthcare provider.

Birth control you think about just 4 x a year

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IPFW claims Purdue tourney crown

Dons edge Western Kentucky in second-round tie-breaker

West Lafayette, Ind. — The IPFW women's volleyball team won the Mortar Board Purdue Premier Tournament title Saturday in the second-round tiebreaker, winning percentage against the tied teams.

The Mastodons and Western Kentucky finished the tournament with a 3-1 record. The Dons won five games and lost four, while

Purdue was 5-5 and Western Kentucky was 4-5.

After IPFW was crowned champion, Western Kentucky topped Purdue in the head-to-head competition of 3-2.

The Dons (5-3) opened the tournament Friday by defeating Delaware 30-23, 30-27, 19-30 and 30-16.

IPFW then edged by tour-

namant host Purdue in five games, 25-30, 36-30, 30-26, 30-22 and 15-15.

The Mastodons went unbeaten in Saturday play by rallying past Butler and Western Kentucky.

IPFW beat the Bulldogs 19-30, 30-26, 30-22 and 30-28 and edged the Hilltoppers 30-28, 19-30, 37-35 and 30-25.

"Our young team certainly turned it around in terms of confidence and composure," said IPFW coach Kelley Hartley. "In the win against Western Kentucky, which clinched us the title, we were down 23-14 at one time and came back to win 37-35. Our kids just showed a lot of composure and came together as a team."

The Dons will travel to San Francisco this weekend, where they will take on No. 25 Washington State.

IPFW will also face the host team and will get a rematch against Butler.

"We have a tough weekend coming up," Hartley said. "We're going to look at it as an opportunity. We've won a Big Ten tournament, and now we have an opportunity to take it to a top-25 team. I guess we could go out there and think about being competitive, but this team clearly wants to win."

Souza, Bankowski All-Tournament

IPFW's freshman outside hitter Fabiana Souza and sophomore setter Lendi Bankowski were honored with MVP and All-Tournament team selections.

Souza was selected as the Mortar Board Purdue Premier MVP. She pounded out 105 kills in 242 attempts in the four matches this weekend. For the tournament, she had an impressive hitting percentage of .314.

"We put Fabiana on the outside. Instead of the middle. She's a freshman, so hitting the middle was probably a difficult thing for her to adjust to," said IPFW coach Kelley Hartley. "We feel like she's more comfortable on the left side, and she definitely deserved to be named to the All-Tournament Team."

Souza also set a career high in kills with 29 against Butler University and Western Kentucky.

Bankowski was selected to the Mortar Board Purdue Premier All-Tournament team as she helped set the Mastodons to a 4-1 record this past weekend.

"This is the second all-tournament team Lendi has made," Hartley said. "She forgets that she's 5'4. Everybody else seems to remember, but she plays much bigger than that. What she brings to our team in terms of backcourt defense, her location and her decision-making ability, she's an all-tournament-caliber setter. There's no doubt of that."

Bankowski finished the weekend with 197 assists including 37 digs.

Dons drop two at Coastal Carolina

Conway, S.C. — Ilaya Pondwa netted two goals as Charleston Southern dropped IPFW 3-2 Saturday in the 2002 Adidas Invitational at the Coastal Carolina University Soccer Stadium.

Charleston Southern jumped on the board first, as Pondwa received a pass from Michael Chumak at the 12th minute to take a 1-0 lead. Pondwa would sink again with his second goal of the game at the 33rd minute giving Charleston Southern a 2-0 advantage at the half.

With less than seven minutes in the game, IPFW's Bartlomej Wajda passed the ball to Carmeli Buck for their first goal of the game, cutting the lead to 2-1 at the 64th minute. Charleston Southern

added another goal when Drew Zeiger scored unassisted at the 85th minute. As the clock ticked down, the Mastodons made a final run at the Bulls as freshman Joe Schuring scored at the 88th minute.

Charleston Southern outshot IPFW 12-11 for the evening. IPFW goalkeeper Peter Hachaj recorded five saves on the evening, while Charleston Southern keeper Jack Word stopped three shots in recording the victory.

Goalkeeper Hachaj and midfielder Buck were selected to the 2002 CCU/Adidas Invitational All-Tournament Team.

The Dons (1-3) were also shut out by Coastal Carolina Friday, 2-0. IPFW will play Saturday, Sept. 14 at Cleveland State.

Cheerleading try-outs

Try-outs for the IPFW cheerleading squad will be held Thursday, Sept. 19 from 6-9 p.m. in the Gates Center.

For more information, contact Britney Coughlin at (219) 705-0244.

Cross Country teams compete at Valpo

Valparaiso, Ind. — The IPFW cross country teams competed in the Valparaiso Invitational Friday.

Stephanie Asher paced the Dons to a 16th-place finish with a time of 25:17.

In men's action, two Mastodons finished in the top 10. Cody Brown finished 17th place with a time of 27:00, and Ian Wilson finished 11th at 27:39.

IPFW MASTODONS SCORE BOARD

Women's Volleyball

Wednesday	9/4	At	Oakland	W 3-1
Friday	9/6	At	Purdue Invitational vs. Delaware	W 3-1
			vs. Purdue	L 2-3
Saturday	9/7	At	Purdue Invitational vs. Butler	W 3-1
			vs. Western Kentucky	W 3-1

Men's Soccer

Friday	9/6	At	Coastal Carolina	L 0-2
Saturday	9/7	At	Coastal Carolina vs. Charleston Southern	L 2-3

Women's Cross Country

Friday	9/6	At	Valparaiso Invitational	16th
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Men's Cross Country

Friday	9/6	At	Valparaiso Invitational	Fourth
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UPCOMING EVENTS

Women's Volleyball

Friday	9/13	At	San Francisco Tournament vs. San Francisco	7:30 p.m.
Saturday	9/14	At	San Francisco Tournament vs. Washington St.	2 p.m.
			vs. Butler	5 p.m.
			BOWLING GREEN	7 p.m.

Men's Soccer

Friday	9/13	At	Cleveland St.	2 p.m.
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Women's Soccer

Friday	9/13		VALPARAISO	6 p.m.
Sunday	9/15		NIAGARA	Noon
Tuesday	9/17	At	Indiana St.	4 p.m.

Men's Tennis

Wednesday	9/11	At	Tri-State	3 p.m.
Tuesday	9/17	At	Bethal	3 p.m.

Women's Tennis

Saturday	9/14	At	Akron	1 p.m.
Saturday	9/14	At	Akron vs. St. Francis, PA	4 p.m.

Hepatitis B WHY TAKE THE RISK?

MAKE SURE YOU GET VAXED.

Hepatitis B is a very uncool thing.

It's a liver infection that can make you really sick for weeks or months. Most people pick it up as teenagers or young adults, so college is a prime time for hepatitis B. You can get it by having sex or by exposure to infected blood or body fluids through needles or on the play field, or through repeated sharing of an infected person's toothbrush, earrings or razor. You can even get it by getting it by being pierced or tattooed. The only good thing about hepatitis B is that it's easy to prevent. Just go to the health center, get the shots listed below and they'll start you on the vaccination. Finish the three-dose series over the next six months, and you won't have to worry about missing out on anything. Turning an embarrassing shade of yellow. It's a great opportunity to obtain low cost immunization at a convenient location campus.

Don't take the risk. Get vaccinated.

VACCINATION SCHEDULE

DATE: September 16
TIME: Mon-Thurs 9 a.m. - 4 p.m., Fri 8 - 11
PLACE: IPFW/PARK VIEW HEALTH & WELLNESS
CLINIC WAVE #10234



Campus Calendar

for Sept. 12-18, 2002

- Special Health Screenings: Blood Health Profile Plus More, KT 108, 7-10 a.m.; also Sept. 18. To register, call 664-67 or e-mail tillapaugh.
- Women's softball tournament, GC.
- Indiana Technology vs. University of Saint Francis, 11 a.m.
- Indiana Technology vs. IPFW, 1 p.m.
- University of Saint Francis vs. IPFW, 3 p.m.
- Fitness class: "Fit in 30," KT G98, continues through Dec. 7. For information, call 664-67 or e-mail tillapaugh.
- Extreme Air, between CM and NF, 11 a.m.-5 p.m.; for information, call 6883.
- ADA teleconference: "Accommodating Students with Psychiatric Disabilities in the Classroom," WU 114, 1 p.m.; free and open to the public. For information, call 6657.
- Women's volleyball vs. Bowling Green, GC, 7 p.m.
- College-Level Examination Program (CLEP), KT 232, 8:30 a.m.; for information, call 6600.
- Wednesdays at One! "Querying on Banner Forms: Powerful Tool," KT 241, 1-2 p.m.; for information, call 6129.
- United Sexualities' Putt Putt Golf and Go-Karts and dinner, meet in parking garage 2, 5:30 p.m.; for information, call 4179.
- Women's soccer, GC.
- Valparaiso University, 6 p.m.
- Niagra, noon.
- Criminal Justice Club Golf Scramble, Riverbend Golf Course, 8 a.m.; for information, call 6532.
- Lunch with an IPFW Scientist: "The Physics of Martial Arts," Tim Grove, Science Central, 11:30 a.m.-1 p.m.; \$5, members; \$10, nonmembers. For reservations, call 260-424-2400.

This ad courtesy of the Office of the Chancellor



It could have been you: One student's perspective

By Jody Reiter
Staff Writer

The first plane hit One World Trade Center just about an hour ago. In a blink, blazing clouds turned to black smoke. Debris shot out from the tower like fireworks in some morbid celebration. Nobody really knew what was happening, especially after the second crash.

It's nine-fifty-nine a.m. now. You stand on a crowded sidewalk, heart beating like a drum. Police cars and fire trucks line the streets. People are crying. Office papers from 100 stories fly quickly coast down to the pavement. Then, like a backwash volcano, metal smashes

down on metal and smoke climbs towards the heavens. The wrath of the gods is upon you.

At first you watch, head up and speculation from around the corner, like the information of death, a grey cloak glides toward you. It's trying to sweep you up. Everyone in sight begins to run and you soon follow. In the man holding the camera in front of you suddenly becomes a picture photographer. Through his lens you all look like a herd of prey running from a predator.

You take refuge in an alley next to a dumpster and hold your breath. It's like you're in a tornado, a man-made disaster. In seconds you start to gag. Is this it? Shards of an architectural

masterpiece beat into your flesh like shrapnel. You think you can take no more. Then it passes.

You look around. It's a modern-day Pompeii. Everyone is the same color now. Their natural hue has been plastered over with soot. Your skin looks to be burnt to ash — as if you are in hell. You just may be.

You stand up and dust yourself off.

The sound of car alarms echoes through the air. Faint voices are heard screaming, wailing. Red flashes from a fire engine seep into view like a lighthouse bringing you in through the heavy fog. You are greeted with a mask and fresh air. People around you wait their turn

They hold their shy faces and heave out debris. You have some lacerations on your knee and arms. A fireman gently cleans you up while you look around.

You're one of the lucky ones. There is a man who beats his head. "This isn't real," he says to himself. "This isn't happening."

Too many people are dialing up numbers on their cell phones. They get no response.

Others wander the streets like ghosts in hotel hallways. They beg you to take an uncomfortable look at a photo of some happy person.

"Have you seen my brother?" they ask, emotionless.

"What about my mom?" "My fiancé?"

You want to say "Yes, Yes. I've seen them. They're okay." But you can't.

The rest of the country waits in long lines to buy gasoline. Prices have more than doubled at some stations. The patrons don't seem to mind, though. They keep their minds focused on the radio. Demand exceeds supply of American flags so quickly that Wal-Mart is forced to sell dusty displays at full price.

Soon, night falls.

Larry King is speaking to a panel of survivors as images earlier in the day play again and again on the right half of the screen. Families come together. Neighbors stand on porch steps and chat. Strangers acknowl-

edge one another with a friendly smile and a trusting nod. Hopeful denials and heart-broken, are turned away from the Red Cross.

Children are held and letted to bed. The world is in a state of mourning. World terrorists have told you that it's time to put up or shut up. A year from now people will look back and reflect upon your unforgettable day. With a bitter-sweet smile, they will proudly remember how you responded.

You are America.

You stand up and dust yourself off.

Paying the price for patriotism

By Jenny Huntley
Reporter

One year ago, the American public came to a handstand. They were full of emotions concerning the unthinkable events that were occurring. Nobody knew how to react to the tragic events that were being broadcast everywhere we looked. Luckily for us, the marketers were the first to take action.

Street vendors took down their tiger blankets and velvet Elvis pictures and put out every imaginable red, white and blue item. Convenience stores put patriotic bumper stickers, pens, buttons and other small items on their front counters.

Department stores set up displays with American flags of every size to suit every purpose. Clothing racks were full of clothes with stars and stripes all over them. There was even an onslaught of American jewelry. I can remember a car dealership offering a free American flag if you took a test drive.

Some of these vendors had good intentions. All or part of their proceeds were to go to the American Red Cross and other charitable organizations to help the victims. We later found out that there were a lot of problems getting that help to those who needed it. Many more were just commercializing on the nation's loss.

What did we Americans do? Did we get outstated at businesses that were capitalizing on such a tragedy? No! We nuked out to buy our proper share of patriotism. The best way to show our support for our nation suddenly became buying the most stuff and decorating our homes, cars and selves in red white and blue.

What did I do? I pulled out an old flag pin that I already had. You see, with the outrageous gas prices at that time, I could barely afford to get to class. I just don't have the money to be truly patriotic.

9/11: An international student's perspective

By Chichi Anake
Staff Writer

In the interest of gaining an international student's perspective on the events since 9/11, The Communicator interviewed Rima Alhajjeh, a pre-med student majoring in chemistry.

TC: Have you experienced any prejudice since 9/11, based on the way you dress or because of your nationality?

RA: Well, some people look at me funny because of the way I dress, and some people just say a quick hello and have never really had a long conversation with me. But I don't feel any hate vibes, and this has always happened, even before 9/11.

TC: What are your thoughts or feelings about the terrorist attacks on 9/11?

RA: It's so horrible, and I still find it hard to believe that it was Muslims who did that horrible thing.

TC: What happened to you on the day of 9/11? What were you doing?

RA: The day it happened, I heard it on the morning news, but I was rushing to school for my art class, so I didn't pay

close attention to what was being said, and I really didn't understand what was said. My sister was the same when I asked her.

When we got to the gazebo where the class was to take place, there was no one there. Our teacher came a few minutes later and told us everyone was at the White Union watching the news about the attack. Then she asked us where we were from and our religion and more questions about Islam. She explained to us later what had happened when my sister asked her. That was when it really dawned on us how horrible it was.

TC: Were people's reactions to you any different on 9/11 and after then? Were you threatened by anyone in any way, especially since you're a Muslim?

RA: Well, on that day I got more stares from people than usual, and more people asked me about Islam, and it was part of our religion. People still do since then.

Actually, on that day and the next day my grandma and my father wanted my sister and I to stay home because we heard that people were not nice to Muslims because of what happened.

But we didn't listen. I mean we had to go to school (laughter). But I've never felt threatened by anyone. Even some people from IV-CE, and some other

friends of mine told me to let them know if anyone ever threatened me.

TC: What are your thoughts and feelings about the war on terrorism?

RA: I don't like that innocent women and children are the ones being killed when the perpetrators are still on the loose.

TC: Have you been in contact with anyone from Palestine and if so, how are they?

RA: Yes, I have, but for about six months last spring we lost contact with them. It was a really scary period, because we didn't know how they were or what was happening to them.

So far they're okay. I lost a cousin, an 11-year-old boy. He died of head injuries after being shot by Israeli soldiers on his way to school.

TC: What are their thoughts and feelings about 9/11 and about the war on terrorism?

RA: They all feel the same way I do. And the Palestinians really don't like the American government because they take sides with Israel, but they feel bad that it was innocent citizens who had to die. Muslims included.

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Health Matters

By Andy Welfle

The Red Cross: Two pints, 15 minutes

You just slammed into a tree at 65 mph, and you can't feel your legs. As you are unconscious, you are vaguely aware of being taken to the hospital, and you think to yourself, "everything is going to be all right."

Unfortunately for you, your blood type is B positive, and since that blood is steadily leaking out of your body, your life is going with it.

The hospital has run out of options. They as well as every other hospital in the nationwide Red Cross network, has a critically diminished supply of your blood type.

This sounds like the plot for a tear-jerker movie, but it is a very real, very scary possibility. Recently, The Communicator's very own John Kerry, Chris Harding and I went to the Fort Wayne branch of the Red Cross, located on 1212 East California Road. John was doing his civic duty and giving blood for his charity, Horve Worldwide.

As we went into the main reception area for the donors, we were greeted by a friendly and informative receptionist, as well as the scent of cookies and popcorn. After presenting his donor card, John was given a pamphlet outlining the blood-giving processes and dos and don'ts of giving blood. After a moment, he was brought back to a cubicle to go through a brief, confidential interview to ascertain certain facts about his lifestyle, his health and related matters. While this was going on, I talked with two informative staff members of the Red Cross, Patricia Roberts and Kim Crann.

We have a critical shortage of O positive, O neg-

ative, A positive, A negative, B positive and B negative," said Roberts, the Fort Wayne recruiter for the Red Cross. "Less than 50 percent are eligible to give blood to the Red Cross, and of that 50 percent, less than six percent provide 100 percent of our supply."

She continued with some alarming facts stating that "of that six percent, less than two percent donate platelets for cancer patients."

The process of donating platelets is called pheresis. "A cell separator is used to collect only the platelets and return the red cells and plasma to you," explained Tracy Alexander, the pheresis specialist. "It takes about two hours, and the concentrated dose of platelets donated through pheresis is six to eight times the amount of platelets collected in a whole blood donation. Keep in mind as well, the shelf life of a concentration of platelets is only 42 days."

After my tour of the pheresis lab, John was done with his interview. He was led to a high-backed comfortable chair where a smiling staff member sat him down. She swabbed the inside of his elbow with steril-

ized alcohol, and I inserted a very tiny needle. The entire blood-giving process took only about 15 minutes, and he filled two pints.

For those of you not sure about giving blood because of your uneasiness about needles and the pain they may cause, I asked John who he felt.

"It hurt for only two seconds when they put the needle in, and after that, there was no pain."

What is the best part about having successfully completed a round of blood giving, besides the self-satisfaction of helping your fellow mankind? Cookies! Popcorn! Soda! There is a little snack bar in the donation area with a movie theater-style popcorn machine, soda fountain and a large tray of delicious cookies.

As we left that day, John was a little lighter than when he came, and he also felt the pride of doing his good deed and possibly helping save some poor souls' lives.

The Red Cross would like your help. To find out if you are eligible to give blood, please call 1-800-860-4447. There will also be a blood drive here on campus on Oct. 8, from 10 a.m. to 3 p.m. To speak to someone at the Fort Wayne chapter (also serving northern Indiana and northwestern Ohio), call (260) 490-8100.



Photo by Eugene Harding, Photo Editor

John grins his teeth as he begins the blood donation process.

Proud to be an American

By Kathy DeLagrange
Editor

I will never forget the sorrow and ache that I felt with the events of Sept. 11, 2001. So much has changed, yet so much still feels the same. The passage of time has healed over some of the wounds left by that fateful day's events.

With the passing of a full year since the terrorist attacks on our nation, the flags flying

on cars have become fewer, the signs in windows have become faded and the number of patriotic songs heard on the radio has dwindled.

This year, I urge each of you to remember the events of one year ago, not just with tears, but also by displaying the same patriotic spirit that flowed through each American's veins one year ago.

Fatigue spirit entails so much more than just flying a flag or wearing a pin. It involves

believing in your country, in its citizens and in its leaders.

Take a few moments and think about what the phrase "I'm proud to be an American" really means to you. Then consider how the events of 9/11/2001 have hindered or enhanced that meaning.

On 9/11/2002, I will get up in the morning, tell my family that I love them and continue to live my life, proud to be an American.

9/11 provides excuse for government crack down

By Star Nelson
News Editor

First of all, let me say that I am as patriotic as anyone, and I believe in the Constitution and all the rights that it affords the citizens of the United States. In fact, that is exactly why my first thoughts upon turning on the TV and seeing an airplane crashing into the last tower were, "Oh my God."

Those words were immediately followed by, "Now our government has the perfect excuse to 'crack down' on all of us." We are all paying for that attack in many ways: emotionally, financially and most insidiously, in terms of personal liberty.

The Bush regime has been handed the perfect excuse to usurp the freedoms granted to us in the Constitution and has not wasted any time in taking advantage of a moment when the nation's defenses were down, both literally and figuratively.

It seems only natural to most people that more regulations would have to be put into place for citizens of the United States following such a horrific attack on our nation. We sacrifice our liberty every day in order to gain safety. It is a trade-off, and a precarious balancing act in terms of the sacrifices that we are willing to make in order to feel secure.

Almost everyone would agree to the necessity for

increased security at airports and at our borders. It is well worth the minor inconvenience of having to spend some extra time proving to security agents that our intentions are innocuous.

In those situations we don't mind having to prove our innocence, the assumption of guilt having been placed on anyone who would dare think of traveling by air now. And so what if people are expected to be more careful about what they say since the attacks? If we have something bad to say about the United States, you are free to leave, right? Is free speech really that important compared to our safety and security? Should we really continue to question the government in such trying times? Well, our founding fathers certainly seemed to think so.

"Those who would sacrifice their liberty for security deserve neither liberty nor security," Thomas Jefferson once said. Consider the USA Patriot Act that Congress passed into law shortly after 9/11, which allows agents of the authority to secretly search your home or business, taking whatever they want, and leaving without ever notifying you. The Fourth Amendment guarantees our rights against unreasonable search and seizure without probable cause, but who has time for details like habeas corpus when you are dealing with potential terrorists or

friends or associates of potential terrorists, right?

Agents can now also obtain lists of books that "suspects" have purchased or checked out at the library. Be careful what you read too, especially if your skin is brown or you are of Middle Eastern descent. "Agents grounded up hundreds of non-citizens in the weeks after 9/11. The government has refused to say who has been detained and on what charges," according to Sunday's Journal Gazette.

What are some warning signs for potential terrorists identified by the FBI? Well, home-schooled are on their list, people who quote the Constitution (I'm now on their list twice), pretty much anyone who has anything negative to say about the government, (wait, I guess I qualify for that, too).

National Security must not be allowed to become a universal justification for our government. Be informed, know your rights, ask questions, take responsibility for your own freedom and do not let the liberties that you enjoy as a citizen of the United States be granted.

These things are the biggest part of being a patriotic citizen, more so than waving flags, singing songs or wearing T-shirts emblazoned with "USA, Kick Ass!" If you love your country like I do, then act like it and make a difference for yourself and everyone else who lives here.

Artwork by:
Wing Tse, staff cartoonist and Donald Schaffer, staff writer



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Allow time to heal when remembering 9/11

By Melissa Rentfrow
Copy Editor

The attack on Pearl Harbor. The funeral of President John F. Kennedy. The space shuttle Challenger's explosion. Most people from the generations who lived through these events can recall how they were personally affected by the news, even when they were and what they were doing at the time they first discovered the tragedy.

But the attacks of Sept. 11, were so shocking, so vast in scope, that the events were named after the date itself. Americans will forever remember the exact date that their national sense of security was broken and the lives of thousands of people were lost or forever altered by the terrorist attacks on New York and Washington D.C.

The relentless media coverage of 9/11 was unprecedented, and millions of people were glued to their television sets for hours, staring in disbelief at the disturbing images of plane crashes, explosions, fire, bodies falling from the sky and dust-covered survivors running through the streets.

New York was being called the catastrophe at Ground Zero.

These incredible images of disaster would play on the minds of Americans not only in the days directly affected by the attacks, but all over the United States.

In the days after Sept. 11, people sought solace in family, friends, churches, counselors and even strangers. The constant media coverage was difficult — if not unbearable — to watch. It seemed that each day afterward, new film footage or pictures were shown, each one becoming more disturbing than the previous one.

The website for the National Center for Post Traumatic Stress Syndrome (NCPTSD) cites a study from the days after the attacks showing that about 90 percent of adults experienced at least one symptom of stress such as feeling upset by reminders, nightmares or difficulty sleeping, irritability and difficulty concentrating.

In the months after Sept. 11, the news media reported that while church attendance, charity donations and blood donations were declining, so were cases of substance abuse, depression and anxiety among the general public.

Now, one year later, the country will be commemorating Sept. 11 in a variety of ways. Inevitably, media will once again replay those startling images of a year ago, and the nation will again relive those horrific moments. It is also likely that those images will trigger a return of the distress to someone, many suffered far past, a trauma response commonly known as "anesthesia reaction."

While most people will feel better within a week after the anniversary, some will have more difficulty coping. Fortunately, there are many resources to approach for advice and information to help manage the stress of reviewing the trauma.

One of the easiest places to seek information is on the Internet, and a simple search will produce many websites featuring articles, specifically on how to cope. For instance, a lot of ways to help deal with grief, loss and change can be found on the Concern Employee Assistance Program website (www.concern-epa.org).

The American Red Cross website (www.redcross.org)

offers an article about emotional care in the wake of Sept. 11. Additionally, the website for the National Association of School Psychologists (www.nasponline.org) has made materials available to the public to promote the ability of youth and children to cope with the anniversary.

Those on campus seeking help of a more personal nature should call the EPW/Parkview Health & Wellness Clinic at 481-6601 to make an appointment to speak to one of the two counselors on staff. Their offices are located in Wall 31, so students can speak to someone immediately in an urgent situation. In addition to help on campus, people can also contact their family physician for treatment.

While seeking professional help is advantageous for some, most will be able to experience the sights and sounds of Sept. 11 with few distress symptoms. There are still ways to minimize any traumatic emotional effects of the anniversary.

If the televised images of Sept. 11 are upsetting, avoid watching television records and news coverage. Attend a ceremony commemorating the event instead. The NCPTSD website suggests that instead of watching television, people should make a charitable donation, help others in need or dedicate a day to help with loved ones.

It is important to remember that it is not mandatory to relive Sept. 11 in order to remember that tragic day and the thousands of victims hurt and killed as the result. Much like the national tragedies and events that occurred in history before, the lives of Americans will never forget.

Standstill of sports world meets terrorists' goal Work stoppage of 9/11 robbed Americans of needed distraction

By Dan Vance
Reporter

Arguably the most infamous day in the history of not only America, but of the world, Sept. 11, 2001 will go down in history as the day of a horrible tragedy. After 9/11, the world was in mourning. And, for the first time in memory, the sports world suddenly ceased all activities.

I started off a quiet day for me. I was working on a senior research paper when I first heard of the attacks. Little did I know how much it would affect me and the entire world.

Certainly, the World Trade Center and Pentagon attacks were shocking. Like millions of Americans, I sat at home that evening and watched in horror. It seemed for the first time, when the sports world shut down, I was in shock. It wasn't a slow halt in activities; it was a sudden work stoppage. High school sports, Major League Baseball, the National Football League, and NASCAR all stopped without a second thought.

New London, which many of you are thinking, what is the big deal about sports halting? It seems unfair for anyone to complain about the cease of competition after so many lives were lost, but to me it was a huge thing.

Now, I am a reasonable guy. I can see life without sports for two and maybe even three days because of the work stoppage. After that period of time went by it seemed to me like the sports world was contradicting what everyone was saying. On all of the major networks, George W. Bush was talking about how we would not let

this be a victory for the terrorists. But at the same time, all forms of entertainment ceased. It didn't make sense to me.

Baseball was the first to call a work stoppage. They decided to not play all night games on the 9/11 and take 9/12 off. Then on Wednesday, they decided to extend the stoppage until they felt it was right to play again. The NFL was next to call off games by postponing their second week of play. NASCAR postponed their London, NH race until November. Players and coaches seemed to agree that there were more important things to do than compete.

As time progressed, it became less of the effect 9/11 had on the sports world and more of the effect of the sports world had on the fans. Never mind that for the first time the World Series would take place in November. Never mind that the Super Bowl would now be played in February. The most important thing was that at a time when the country was grieving, we all needed a release.

Do you think it's a week that the number of messages tripled during the weeks after 9/11? Americans needed to express their grief, but they were sad. When millions of Americans turned to sports for their release, there was nothing to be found but empty stadiums, fields, courses and spas.

At a time when Americans needed these athletes to cheer, they were sad. I understand that athletes are people just like all other citizens. But to many people, they are more. They are heroes, legends and even super humans to the people who watch them live in and

day out. At a time when people needed those heroes, they were letting the bad guy win. They stepped their lives and in turn stopped ours. That's what the terrorists of 9/11 wanted and that is what they got.

A week went by and finally athletes returned to the broad spectrum of the sports world. They came back, yet they decided that the world of sports would never be the same again. Now as a year has gone by it has gone back to the way it was. All MLB games will have a 90 second period of silence today and tonight. There will be tributes and memorials today in stadiums nationwide. But, what has really changed?

So many people in the sports world held 9/11 close to their hearts. They hold it as a day that made America bigger, bolder, stronger and better.

Yet athletes are not better. We still see greed and big business threaten all sports. NFL players missing overtime weekend as they hold out for bigger contracts, MLB close to striking and NBA players refusing to represent Team USA because the benefits are not enough. It all still happens one year later.

The mindless nationalism that athletes pounded into the fans' heads after 9/11 may have made some people bigger, bolder, stronger and better, but it hasn't helped the athletes themselves. It makes you wonder what the fans were all about a year ago. It makes you wonder what they are fighting for.

9/11: A day unlike any other

By Nick Altman
Sports Editor

The day had started just like any other. I woke up at my alarm at 8 a.m. because I had a 10:30 a.m. physics class and was driving from Huntington. I had my alarm set to radio, so I decided to wake up to that annoying buzz. I had the set to 92.3 FM for "The Bob and Tom Show."

I'm sure the radio people were reporting on what had happened that morning, but I was tired and groggy and had to get my morning shower.

I staggered out of the room to the clock, turned off the radio and started about my morning business. I took a hot shower, shaved and got dressed. Everything seemed normal.

I realized out of the blue, so I decided to have a quick breakfast once I got downstairs. I poured myself a bowl of Honeycombs and milk and took it into the living room where I plugged down into the couch. Before digging into my cereal, I grabbed the remote and clicked on the television.

My parents usually watched CNN to see what was going on in the world, but they left for work at about 7

a.m. This morning was no different because when the TV came on, it was on CNN. The news channel was showing a couple of burning buildings.

"Huh," The World Trade Center is on fire? I thought nonchalantly. "That place has been bombed before. It'll be fine."

The American Red Cross to ESPN. SportsCenter was on just like every other morning.

I had stayed up all night before watching Monday Night Football. The Denver Broncos had beaten the New York Giants 31-20, but that wasn't what I wanted to see.

During the game, Ed McCaffrey was tackled, which broke his knee. They showed the slow-motion replay several times during the game, but I wanted to see it just one more time that morning. I never did get to see it, though, because once I finished my breakfast, it was time to go.

I got in my car and started it up. The Dave Matthews Band CD that I was listening to the day before started to play. I usually listen to CDs rather than the radio because I can listen to my choice of music that way. The day was just like every other.

When I got to school, I drove around campus to the parking garage. I ended up parking on the top floor of the

garage, but I didn't mind. It was a beautiful day. The sky was a bright blue with a few non-threatening clouds, and the temperature was mild.

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